

## Heren 10 KM t/m 44 jaar

|    |     |                        |      |                      |   |         |
|----|-----|------------------------|------|----------------------|---|---------|
| 1  | 457 | Floyd van Klink        | 10km | Nieuwkoop            | M | 0:35:13 |
| 2  | 458 | Niels van Gent         | 10km | Heemstede            | M | 0:35:55 |
| 3  | 456 | Ingmar Kloek           | 10km | Dedemsvaart          | M | 0:37:25 |
| 4  | 454 | Jeffrey de Rijk        | 10km | Ter Aar              | M | 0:37:49 |
| 5  | 478 | Marco Versluis         | 10km | Ter Aar              | M | 0:39:25 |
| 6  | 468 | Jeroen Linting         | 10km | Schagen              | M | 0:39:38 |
| 7  | 491 | Brian van Vliet        | 10km | Leimuiden            | M | 0:40:28 |
| 8  | 477 | Tom Versluis           | 10km | Ter Aar              | M | 0:40:53 |
| 9  | 455 | Menno de Jong          | 10km | Nieuwveen            | M | 0:41:50 |
| 10 | 479 | Mark Keijzers          | 10km | Hillegom             | M | 0:42:25 |
| 11 | 464 | Dammers Bergman        | 10km | Hazerswoude Rijndijk | M | 0:43:18 |
| 12 | 461 | Jordy van Velzen       | 10km | Alphen a/d Rijn      | M | 0:43:29 |
| 13 | 474 | Ron Hageman            | 10km | Nieuw Vennep         | M | 0:44:10 |
| 14 | 451 | Serge van der Meent    | 10km | Alphen a/d Rijn      | M | 0:44:35 |
| 15 | 495 | Matthijs Knelange      | 10km | Leimuiden            | M | 0:45:50 |
| 16 | 460 | Henk van Spijker       | 10km | Leiderdorp           | M | 0:46:17 |
| 17 | 492 | Bram Straathof         | 10km | Leimuiden            | M | 0:46:42 |
| 18 | 488 | Ronald van der Meer    | 10km | Leimuiden            | M | 0:47:11 |
| 19 | 486 | Frank Koelewijn        | 10km | Nieuwkoop            | M | 0:47:29 |
| 20 | 467 | Richard van der Meer   | 10km | Leimuiden            | M | 0:47:57 |
| 21 | 462 | Rody Domburg           | 10km | Alphen aan de Rijn   | M | 0:48:11 |
| 22 | 489 | Wolf Weymiens          | 10km | Leiden               | M | 0:48:36 |
| 23 | 493 | Rob van Bekkum         | 10km | Alphen aan de Rijn   | M | 0:48:53 |
| 24 | 484 | Menno Rietdijk         | 10km | Leimuiden            | M | 0:48:55 |
| 25 | 1   | Bram Bodelier          | 10km | Leiden               | M | 0:49:02 |
| 26 | 452 | Johan Kempenaar        | 10km | Leimuiden            | M | 0:49:54 |
| 27 | 490 | Sander van der Veld    | 10km | Heerhugowaard        | M | 0:50:11 |
| 28 | 470 | Jesper den Hartog      | 10km | Leimuiden            | M | 0:50:41 |
| 29 | 471 | Martijn                | 10km | Nieuwveen            | M | 0:50:42 |
| 30 | 463 | Bas Mulder             | 10km | Amstelveen           | M | 0:51:14 |
| 31 | 481 | Evert Jongeneel        | 10km | Leimuiden            | M | 0:51:33 |
| 32 | 480 | Carlo Bos              | 10km | Alphen a/d Rijn      | M | 0:51:37 |
| 33 | 459 | Rogier Bezuijen        | 10km | Kudelstaart          | M | 0:52:47 |
| 34 | 469 | Freek Verhaar          | 10km | Leimuiden            | M | 0:53:55 |
| 35 | 483 | Tim van Steijn         | 10km | Leimuiden            | M | 0:54:04 |
| 36 | 482 | Michel Molenaar        | 10km | Leimuiden            | M | 0:55:35 |
| 37 | 497 | Wouter van de Schilder | 10km | Leimuiden            | M | 0:55:39 |
| 38 | 56  | Steve Bolton           | 10km | Leimuiden            | M | 0:56:14 |
| 39 | 487 | Dennis Zandvliet       | 10km | Leimuiden            | M | 0:56:29 |
| 40 | 475 | Marvin Straathof       | 10km | Utrecht              | M | 0:56:49 |
| 41 | 476 | Adriaan Roos           | 10km | Leimuiden            | M | 0:57:04 |
| 42 | 494 | Jeroen de Hollander    | 10km | Leimuiden            | M | 0:57:38 |
| 43 | 453 | Mike Dahlhaus          | 10km | Oegstgeest           | M | 0:58:15 |
| 44 | 485 | Roy Berends            | 10km | Leimuiden            | M | 0:58:22 |
| 45 | 472 | Mark Kouwenhoven       | 10km | Langeraar            | M | 1:01:49 |
| 46 | 473 | Sander de Blanken      | 10km | Roelofsarendsveen    | M | 1:01:49 |
| 47 | 466 | Matthijs van Amelrooy  | 10km | Leimuiden            | M | 1:29:49 |

## Heren 10 KM 45 jaar en ouder

|    |     |                     |      |                    |    |         |
|----|-----|---------------------|------|--------------------|----|---------|
| 1  | 613 | Corné Klein         | 10km | Uithoorn           | M+ | 0:37:40 |
| 2  | 603 | Martin Hoogervorst  | 10km | Haarlem            | M+ | 0:39:04 |
| 3  | 615 | Zefamja de Feijter  | 10km | Woerden            | M+ | 0:39:41 |
| 4  | 607 | Jan Vergeer         | 10km | Zevenhoven         | M+ | 0:39:50 |
| 5  | 616 | Ronald Seijsener    | 10km | Hillegom           | M+ | 0:40:33 |
| 6  | 624 | Jacco van 't Schip  | 10km | Alphen aan de Rijn | M+ | 0:41:54 |
| 7  | 672 | André Alders        | 10km | Kudelstraat        | M+ | 0:42:07 |
| 8  | 636 | Arjan Roodhorst     | 10km | Oude Wetering      | M+ | 0:42:21 |
| 9  | 612 | Michael Sprong      | 10km | Den Haag           | M+ | 0:42:39 |
| 10 | 643 | Johan Koolhaas      | 10km | Amstelveen         | M+ | 0:43:02 |
| 11 | 679 | Jan van Heteren     | 10km | Aalsmeer           | M+ | 0:43:20 |
| 12 | 641 | Ronald Wielink      | 10km | Vinkeveen          | M+ | 0:43:47 |
| 13 | 618 | Ton Hijman          | 10km | Nieuwkoop          | M+ | 0:44:26 |
| 14 | 653 | Edwin Hoogenboom    | 10km | Nieuwkoop          | M+ | 0:44:34 |
| 15 | 668 | Guus Bisschop       | 10km | Alphen aan de Rijn | M+ | 0:44:55 |
| 16 | 674 | Edwin de Koning     | 10km | Leimuiden          | M+ | 0:45:03 |
| 17 | 619 | Antoine van Dam     | 10km | Rijnsaterwoude     | M+ | 0:46:33 |
| 18 | 662 | Marcel Hoogevorst   | 10km | Ter Aar            | M+ | 0:47:15 |
| 19 | 655 | R Veerman           | 10km | Rijswijk           | M+ | 0:47:49 |
| 20 | 670 | Jaap Rietdijk       | 10km | Leimuiden          | M+ | 0:48:05 |
| 21 | 611 | André Lorier        | 10km | Leimuiden          | M+ | 0:48:07 |
| 22 | 669 | Harry Douma         | 10km | Ter Aar            | M+ | 0:48:26 |
| 23 | 642 | Gerard Korte        | 10km | Rijnsaterwoude     | M+ | 0:48:43 |
| 24 | 675 | Jan van Iperen      | 10km | Rijnsaterwoude     | M+ | 0:48:44 |
| 25 | 605 | Hans Brand          | 10km | Leimuiden          | M+ | 0:48:55 |
| 26 | 633 | Jan van Iterson     | 10km | Oude Wetering      | M+ | 0:49:00 |
| 27 | 657 | Eric Zandvliet      | 10km | Leimuiden          | M+ | 0:49:32 |
| 28 | 629 | Ruud Freeke         | 10km | Leiderdorp         | M+ | 0:49:40 |
| 29 | 651 | Mark van Lieshout   | 10km | Alphen a/d Rijn    | M+ | 0:49:40 |
| 30 | 627 | Hans Zevenhoven     | 10km | Ter Aar            | M+ | 0:49:52 |
| 31 | 638 | Andy Otto           | 10km | Ter Aar            | M+ | 0:49:56 |
| 32 | 663 | R. Kruijswijk       | 10km | Alphen aan de Rijn | M+ | 0:49:57 |
| 33 | 604 | Frank van Klink     | 10km | Leimuiden          | M+ | 0:50:03 |
| 34 | 676 | Merve Wijck         | 10km | Leimuiden          | M+ | 0:50:55 |
| 35 | 652 | Sander Vastenhout   | 10km | Alphen a/d Rijn    | M+ | 0:51:07 |
| 36 | 621 | Paul de Jong        | 10km | Leiderdorp         | M+ | 0:51:20 |
| 37 | 628 | Jeroen Sander       | 10km | Alphen aan de Rijn | M+ | 0:51:27 |
| 38 | 646 | René Goddijn        | 10km | Oude Wetering      | M+ | 0:51:30 |
| 39 | 673 | Marco van Nieuwburg | 10km | Kudelstaart        | M+ | 0:52:07 |
| 40 | 645 | Joop van Klink      | 10km | Roelofarendsveen   | M+ | 0:52:10 |
| 41 | 659 | René van der Meer   | 10km | Leimuiden          | M+ | 0:52:39 |
| 42 | 606 | Marcel van der Zwet | 10km | Roelofarendsveen   | M+ | 0:52:57 |
| 43 | 623 | D Koster            | 10km | Alphen aan de Rijn | M+ | 0:53:11 |
| 44 | 658 | Pieter Meijer       | 10km | Leimuiden          | M+ | 0:53:11 |
| 45 | 637 | Harald Hoek         | 10km | Leiden             | M+ | 0:53:31 |
| 46 | 610 | F Arts              | 10km | Uithoorn           | M+ | 0:53:53 |
| 47 | 625 | Ron van 't Wout     | 10km | Leimuiden          | M+ | 0:54:32 |
| 48 | 647 | René Bouwmeester    | 10km | Nieuwe Wetering    | M+ | 0:54:58 |
| 49 | 660 | Vincent v/d Veen    | 10km | Leimuiden          | M+ | 0:55:15 |
| 50 | 650 | Ed van der Meer     | 10km | Oude Wetering      | M+ | 0:55:27 |
| 51 | 661 | M. Paans            | 10km | Alphen aan de Rijn | M+ | 0:55:57 |
| 52 | 644 | Bert van Elderen    | 10km | Leimuiden          | M+ | 0:56:01 |
| 53 | 678 | Martin Lek          | 10km | Nieuwveen          | M+ | 0:56:07 |

|    |     |                       |      |                    |    |         |
|----|-----|-----------------------|------|--------------------|----|---------|
| 54 | 617 | Johan Kompier         | 10km | Nieuwerbrug        | M+ | 0:56:36 |
| 55 | 631 | Leo Verhaar           | 10km | Leimuiden          | M+ | 0:56:44 |
| 56 | 608 | Terje Hexeberg        | 10km | Akersloot          | M+ | 0:56:58 |
| 57 | 609 | Bert de Goede         | 10km | Haarlem            | M+ | 0:57:07 |
| 58 | 666 | Guus Berntsen         | 10km | Alphen aan de Rijn | M+ | 0:57:33 |
| 59 | 677 | Aart de Vos           | 10km | Lelystad           | M+ | 0:57:46 |
| 60 | 667 | Sjaak van Kesteren    | 10km | Lisse              | M+ | 0:58:17 |
| 61 | 648 | Arie Bunnik           | 10km | Rijnsaterwoude     | M+ | 0:58:26 |
| 62 | 656 | Do Hageman            | 10km | Hillegom           | M+ | 0:58:30 |
| 63 | 632 | Rien Zwaaal           | 10km | Leimuiden          | M+ | 0:58:42 |
| 64 | 671 | S. Kuypers            | 10km | Nieuw-Vennep       | M+ | 0:58:50 |
| 65 | 680 | Piërre Millenaar      | 10km | Leimuiden          | M+ | 0:59:03 |
| 66 | 681 | Willem van Poeteron   | 10km | Leiderdorp         | M+ | 0:59:03 |
| 67 | 626 | Peter van Es          | 10km | Aalsmeer           | M+ | 0:59:07 |
| 68 | 635 | Martijn de Roller     | 10km | Hoofddorp          | M+ | 0:59:16 |
| 69 | 639 | Paul Noomen           | 10km | Alphen aan de Rijn | M+ | 0:59:32 |
| 70 | 602 | Willem van der Linden | 10km | Leimuiden          | M+ | 1:00:32 |
| 71 | 620 | Theo Mattie           | 10km | Leimuiden          | M+ | 1:00:42 |
| 72 | 649 | Piet de Heij          | 10km | Leimuiden          | M+ | 1:00:53 |
| 73 | 622 | Piet Berg             | 10km | Leiderdorp         | M+ | 1:02:31 |
| 74 | 664 | George Schrama        | 10km | Alphen aan de Rijn | M+ | 1:03:58 |
| 75 | 665 | Jan Schrama           | 10km | Alphen aan de Rijn | M+ | 1:03:59 |
| 76 | 614 | Herman Mens           | 10km | Boskoop            | M+ | 1:04:25 |
| 77 | 630 | Arie Noomen           | 10km | Vijfhuizen         | M+ | 1:05:08 |
| 78 | 682 | André Zandvliet       | 10km | Leimuiden          | M+ | 1:06:22 |
| 79 | 654 | Wim Roozendaal        | 10km | Amstelveen         | M+ | 1:07:52 |
| 80 | 634 | Simon Dirkse          | 10km | Leimuiden          | M+ | 1:08:13 |
| 81 | 601 | Wim Zondag            | 10km | Loosduinen         | M+ | 1:10:13 |
| 82 | 640 | Arno Noomen           | 10km | Alphen aan de Rijn | M+ | 1:11:29 |

## Dames 10 KM alle leeftijden

|    |     |                         |      |                    |    |         |
|----|-----|-------------------------|------|--------------------|----|---------|
| 1  | 762 | Joke Pollet             | 10km | Hilversum          | V  | 0:41:16 |
| 2  | 766 | Annelies Harkes         | 10km | Reeuwijk           | V  | 0:44:01 |
| 3  | 751 | Gabriëlle Rietmeijer    | 10km | Alphen aan de Rijn | V  | 0:44:10 |
| 4  | 764 | Janneke van Spijker     | 10km | Leiderdorp         | V  | 0:46:17 |
| 5  | 760 | Susan Hijman            | 10km | Nieuwkoop          | V+ | 0:48:07 |
| 6  | 772 | Tine Voshart            | 10km | Nieuwveen          | V  | 0:50:08 |
| 7  | 780 | Serena van der Zwaan    | 10km | Leimuiden          | V  | 0:50:15 |
| 8  | 798 | Roos v/d Veen           | 10km | Leimuiden          | V  | 0:50:55 |
| 9  | 797 | Petra de Rijk           | 10km | Leimuiden          | V+ | 0:51:09 |
| 10 | 768 | Donna Wesselman         | 10km | Roelofarendsveen   | V  | 0:51:36 |
| 11 | 783 | Lisette van Blokland    | 10km | Alphen a/d Rijn    | V  | 0:51:39 |
| 12 | 792 | Renske Akerboom         | 10km | Utrecht            | V  | 0:51:45 |
| 13 | 767 | Mariët Wesselman        | 10km | Oude Wetering      | V+ | 0:53:56 |
| 14 | 793 | Marscha Moes            | 10km | Leimuiden          | V  | 0:54:15 |
| 15 | 790 | Sylvia Kompier-Pieterse | 10km | Leimuiden          | V+ | 0:54:32 |
| 16 | 757 | Miranda van der Voort   | 10km | Nieuwkoop          | V+ | 0:54:35 |
| 17 | 795 | Katie Zandvliet         | 10km | Leimuiden          | V  | 0:54:49 |
| 18 | 777 | Janna Rijkers           | 10km | Rijswijk           | V  | 0:54:52 |
| 19 | 765 | Diana de Graaf          | 10km | Leimuiden          | V  | 0:55:48 |
| 20 | 781 | M.C Paans-de Vos        | 10km | Alphen a/d Rijn    | V  | 0:55:57 |
| 21 | 761 | Esther Staal            | 10km | Alphen aan de Rijn | V  | 0:56:17 |
| 22 | 759 | Kitty Meijburg          | 10km | Hoofddorp          | V+ | 0:56:17 |
| 23 | 779 | Kitty van der Geest     | 10km | Nieuw Wetering     | V  | 0:56:44 |

|    |     |                       |      |                 |    |         |
|----|-----|-----------------------|------|-----------------|----|---------|
| 24 | 752 | Michelle Boone        | 10km | Leimuiden       | V  | 0:56:46 |
| 25 | 778 | Evelien Haaksman      | 10km | Utrecht         | V  | 0:56:49 |
| 26 | 800 | Simone Schoenmaker    | 10km | Utrecht         | V  | 0:57:39 |
| 27 | 771 | Annry Roodenburg      | 10km | Leimuiden       | V+ | 0:57:45 |
| 28 | 756 | Colinda Pater         | 10km | Ter Aar         | V+ | 0:57:50 |
| 29 | 758 | Lia Senne             | 10km | Leimuiden       | V+ | 0:57:51 |
| 30 | 794 | Rosa van Wouwe        | 10km | Leimuiden       | V  | 0:58:20 |
| 31 | 791 | Marleen Akerboom      | 10km | Leimuiden       | V  | 0:59:22 |
| 32 | 763 | Sharym Ijben          | 10km | Woubrugge       | V  | 0:59:34 |
| 33 | 776 | Linda Buitenhuis      | 10km | Woubrugge       | V  | 1:01:49 |
| 34 | 796 | Marian Wijffe-Keijzer | 10km | Ter Aar         | V+ | 1:01:57 |
| 35 | 802 | Ilonka Vernooij       | 10km | Leimuiden       | V  | 1:02:13 |
| 36 | 801 | Bernadette Blauwhoff  | 10km | Leimuiden       | V+ | 1:02:15 |
| 37 | 784 | S.H Kuijpers          | 10km | Nieuw Vennep    | V+ | 1:03:07 |
| 38 | 785 | Marijke Spaargaren    | 10km | Nieuw Vennep    | V+ | 1:03:35 |
| 39 | 787 | Suzanne Veen          | 10km | Heemstede       | V  | 1:04:36 |
| 40 | 753 | Ellen van de Linden   | 10km | Leimuiden       | V+ | 1:06:22 |
| 41 | 775 | Henriëtte Kalshoven   | 10km | Nieuwkoop       | V+ | 1:06:56 |
| 42 | 755 | Corina Blaazer        | 10km | Leimuiden       | V+ | 1:07:10 |
| 43 | 799 | Manon Zirschky        | 10km | Leimuiden       | V  | 1:08:00 |
| 44 | 773 | Denise Hogeboom       | 10km | Leimuiden       | V  | 1:08:01 |
| 45 | 782 | Marg van Wegen        | 10km | Alphen a/d Rijn | V+ | 1:08:07 |
| 46 | 788 | Liesbeth Swanenburg   | 10km | Alphen a/d Rijn | V+ | 1:08:07 |
| 47 | 789 | Roos Bahlmann         | 10km | Katwijk         | V+ | 1:08:07 |
| 48 | 769 | Henny Rietbroek       | 10km | Oude Wetering   | V+ | 1:08:23 |
| 49 | 786 | Regina te Raa         | 10km | Heemstede       | V+ | 1:08:51 |
| 50 | 754 | Arlinde Vletter       | 10km | Leimuiden       | V+ | 1:16:02 |
| 51 | 770 | Marleen van Amelrooij | 10km | Leimuiden       | V+ | 1:29:53 |