

Jongens 4 KM t/m 12 jaar

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|----|-----|------------------------|-----|--------------|---|---------|
| 1 | 368 | Maxime Donchenko | 4km | Mijdrecht | M | 0:18:12 |
| 2 | 377 | Figo Haring | 4km | Leimuiden | M | 0:19:18 |
| 3 | 378 | Silvester Beuk | 4km | Leimuiden | M | 0:19:18 |
| 4 | 381 | Lars de Koning | 4km | Leimuiden | M | 0:19:36 |
| 5 | 382 | Jesper de Koning | 4km | Leimuiden | M | 0:19:36 |
| 6 | 354 | Steijn Vos | 4km | Leimuiden | M | 0:19:39 |
| 7 | 369 | Jairo van Wittmarschen | 4km | Leimuiden | M | 0:19:49 |
| 8 | 357 | Sepp Wesselius | 4km | Leimuiden | M | 0:19:53 |
| 9 | 379 | Roel Oudshoorn | 4km | Leimuiden | M | 0:19:59 |
| 10 | 376 | Finn Mens Gosen | 4km | Leimuiden | M | 0:20:47 |
| 11 | 360 | Sepp van Haasteren | 4km | Leimuiden | M | 0:20:55 |
| 12 | 363 | Maas Eekelschot | 4km | Leimuiden | M | 0:22:08 |
| 13 | 380 | Hubert Szylak | 4km | Leimuiden | M | 0:23:13 |
| 14 | 390 | Thijs Lianshe | 4km | Langeraar | M | 0:23:46 |
| 15 | 396 | Hidde Kroon | 4km | Leimuiden | M | 0:23:49 |
| 16 | 352 | Marino Godwaldt | 4km | Leimuiden | M | 0:23:57 |
| 17 | 356 | Ravi Rijkelijhuizen | 4km | Leimuiden | M | 0:24:09 |
| 18 | 372 | Jort van Diemen | 4km | Leimuiden | M | 0:24:15 |
| 19 | 366 | Joost Lemmers | 4km | Leimuiden | M | 0:25:16 |
| 20 | 351 | Carlos Godwaldt | 4km | Leimuiden | M | 0:25:55 |
| 21 | 364 | Koen Hoogenboom | 4km | Leimuiden | M | 0:26:03 |
| 22 | 362 | Mees Schoone | 4km | Nieuw-Vennep | M | 0:26:07 |
| 23 | 353 | Milan van Wittmarschen | 4km | Leimuiden | M | 0:26:26 |
| 24 | 384 | Tijn Meijer | 4km | Leimuiden | M | 0:26:37 |
| 25 | 385 | Dennis Boere | 4km | Leimuiden | M | 0:28:47 |
| 26 | 383 | Thijs v/d Steeg | 4km | Leimuiden | M | 0:29:27 |
| 27 | 365 | Bas Roos | 4km | Leimuiden | M | 0:29:28 |
| 28 | 386 | David van der Weijden | 4km | Leimuiden | M | 0:30:14 |
| 29 | 387 | Jelver Westa | 4km | Leimuiden | M | 0:30:14 |
| 30 | 370 | Daan Alderden | 4km | Kudelstaart | M | 0:30:27 |
| 31 | 291 | Pianien v/d Veen | 4km | Leimuiden | M | 0:31:02 |
| 32 | 394 | Beau v/d Veen | 4km | Langeraar | M | 0:31:02 |

Jongens 4 KM 13 jaar en ouder

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|----|-----|--------------------|-----|------------------|----|---------|
| 1 | 268 | Danny Binnendijk | 4km | Bodegraven | M+ | 0:13:52 |
| 2 | 272 | Wessel Heil | 4km | Aalsmeer | M+ | 0:13:55 |
| 3 | 276 | Roy Möllers | 4km | Leimuiden | M+ | 0:14:38 |
| 4 | 280 | Matthijs Horlings | 4km | Leiden | M+ | 0:14:48 |
| 5 | 261 | Milan Biesheuvel | 4km | Aalsmeer | M+ | 0:15:12 |
| 6 | 255 | Graeme t Hoen | 4km | Rijsenhout | M+ | 0:15:54 |
| 7 | 284 | Brain van Vliet | 4km | Leimuiden | M+ | 0:16:05 |
| 8 | 257 | Nick Currie | 4km | Utrecht | M+ | 0:16:17 |
| 9 | 262 | Mart van den Broek | 4km | Aalsmeer | M+ | 0:16:26 |
| 10 | 254 | Gregory | 4km | Rijsenhout | M+ | 0:16:53 |
| 11 | 271 | Luc Roos | 4km | Leimuiden | M+ | 0:17:52 |
| 12 | 277 | Jeroen Millenaar | 4km | Leimuiden | M+ | 0:18:04 |
| 13 | 283 | Jari Hamoen | 4km | Leimuiden | M+ | 0:18:17 |
| 14 | 251 | Werner Vos | 4km | Leimuiden | M+ | 0:19:39 |
| 15 | 253 | John Bakker | 4km | Roelofarendsveen | M+ | 0:20:51 |
| 16 | 288 | Damlan Disseldorp | 4km | Leimuiden | M+ | 0:21:45 |
| 17 | 275 | B. Heuzen | 4km | Leimuiden | M+ | 0:22:33 |
| 18 | 292 | Karl Heuzen | 4km | Leimuiden | M+ | 0:22:33 |

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|----|-----|-----------------------|-----|--------------|----|---------|
| 19 | 355 | Salas Rijkelijkhuizen | 4km | Leimuiden | M+ | 0:24:09 |
| 20 | 260 | René Schoone | 4km | Nieuw-Vennep | M+ | 0:26:18 |
| 21 | 282 | Hans Kardol | 4km | Den Haag | M+ | 0:28:10 |
| 22 | 295 | Maarte Boere | 4km | Leimuiden | M+ | 0:28:46 |
| 23 | 289 | Gerle v/d Steeg | 4km | Leimuiden | M+ | 0:29:29 |
| 24 | 278 | Bas van Duijn | 4km | Kudelstaart | M+ | 0:30:28 |
| 25 | 258 | C. v/d Pol | 4km | Hoofddorp | M+ | 0:30:41 |
| 26 | 287 | T. Delemare | 4km | Avenhorn | M+ | 0:30:58 |

Meisjes 4 KM t/m 12 jaar

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|----|-----|--------------------------|-----|-----------|---|---------|
| 1 | 373 | Emma Vreijling | 4km | - | V | 0:19:01 |
| 2 | 359 | Xanthe van Haasteren | 4km | Leimuiden | V | 0:20:57 |
| 3 | 358 | Evi van Haasteren | 4km | Leimuiden | V | 0:21:25 |
| 4 | 392 | Sanne Lianshe | 4km | Langeraar | V | 0:24:24 |
| 5 | 397 | Melissa Brand | 4km | Woubrugge | V | 0:26:05 |
| 6 | 398 | Myrthe van der Weijden | 4km | Leimuiden | V | 0:26:06 |
| 7 | 367 | Noortje Lemmers | 4km | Leimuiden | V | 0:27:09 |
| 8 | 389 | Floriene van Hoogstraten | 4km | Leimuiden | V | 0:27:09 |
| 9 | 388 | Cartijn van Hoogstraten | 4km | Leimuiden | V | 0:27:38 |
| 10 | 374 | Iga Kardol | 4km | Den Haag | V | 0:28:10 |
| 11 | 371 | Maud van Diemen | 4km | Leimuiden | V | 0:28:47 |
| 12 | 393 | Fleur v/d Veen | 4km | Langeraar | V | 0:29:22 |
| 13 | 391 | Lente Plinck | 4km | Langeraar | V | 0:29:30 |
| 14 | 399 | Jasmijn | 4km | Leimuiden | V | 0:30:22 |

Meisjes 4 KM 13 jaar en ouder

| | | | | | | |
|----|-----|------------------------|-----|---------------------|----|---------|
| 1 | 286 | Nadine Duursma | 4km | Hoofddorp | V+ | 0:17:01 |
| 2 | 259 | Eline Verweij | 4km | Amstelveen | V+ | 0:17:38 |
| 3 | 270 | Sanne Roos | 4km | Leimuiden | V+ | 0:17:52 |
| 4 | 269 | Elsbeth van der Linden | 4km | Hillegom | V+ | 0:18:06 |
| 5 | 252 | Liesbeth Witpeerd | 4km | Aalsmeer | V+ | 0:19:14 |
| 6 | 281 | Ellen Vreijling | 4km | Alphen aan den Rijn | V+ | 0:19:37 |
| 7 | 279 | Everdien van der Leek | 4km | Leiden | V+ | 0:20:30 |
| 8 | 294 | Anne Floor Verhaagen | 4km | Rijnsaterwoude | V+ | 0:20:37 |
| 9 | 293 | Serana Brand | 4km | Woubrugge | V+ | 0:20:42 |
| 10 | 273 | Kitty Meijburg | 4km | Hoofddorp | V+ | 0:22:09 |
| 11 | 274 | Eva Movrits | 4km | Leimuiden | V+ | 0:23:21 |
| 12 | 395 | Manon Zirschrij | 4km | Leimuiden | V+ | 0:23:49 |
| 13 | 285 | Ellis Zandvliet | 4km | Leimuiden | V+ | 0:26:05 |
| 14 | 264 | Merel Veen | 4km | Kudelstaart | V+ | 0:26:24 |
| 15 | 290 | Krista Boere | 4km | Leimuiden | V+ | 0:26:37 |
| 16 | 263 | Rozemarijn Buikema | 4km | Leimuiden | V+ | 0:27:19 |
| 17 | 265 | Ingrid Straathof | 4km | Leimuiden | V+ | 0:27:19 |
| 18 | 267 | Helene Roos | 4km | Leimuiden | V+ | 0:29:49 |
| 19 | 256 | Sylvia Rewijk | 4km | Hoofddorp | V+ | 0:32:08 |